

SERGIO COYLE DIEZ PUTTING CLINIC 2019



4 PUTTING ELEMENTS - SETUP

- **Setup:** Everything before you make a stroke

Setup includes the critical elements of alignment of eyes, shoulders, and putter face. It requires us to retrain our eyes to see our aim accurately. Our posture needs to be in balance and consistent each day.



4 PUTTING ELEMENTS - PATH

- Path of the putter, connected stroke

25% of the where your putt rolls is determined by the path the putter travels during the stroke. Train yourself to swing the putter on the target line with good momentum throughout the stroke.



4 PUTTING ELEMENTS - IMPACT

- Alignment of putter face at impact

75% of where the ball rolls is determined by the aim of the putter face when it impacts the ball. It is vital to hit the center of the ball with the sweet spot of the putter. It is also vital that the putter face is square to the target line at impact. If it is, the ball rolls end-over-end and wants to dive into the cup.



4 PUTTING ELEMENTS - SPEED

- Stroke length & stroke pace determine roll distance

An accelerating stroke that strikes the ball solidly through impact will improve consistency.



TOUR STATS ON PUTTING



Some Interesting* numbers from Tour Pros.

* We think staggering.

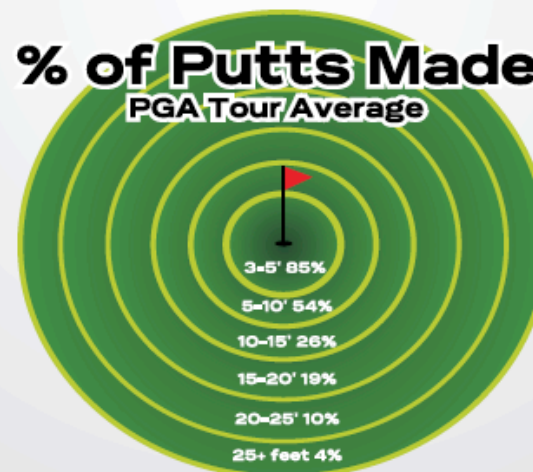
% of Birdies made from distances

PGA Tour Average



% of Putts Made

PGA Tour Average



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Clock Putting Drill

Take 12 balls to the putting green and place them around the cup in 2-3 foot intervals. Start with the 4 closest to the hole and work your way outward. Every time you miss, restart the drill.

This will not only work on your rhythm and confidence, but also give you practice putting in pressure situations. By the time you get to the 11th and 12th ball it will feel like your on the 18th trying to make a 9-foot putt to win the club championship.

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100 Straight Putts Drill

This 100 straight putts drill will teach you how to make short putts consistently and take any lingering stress out of those 2 foot “tap-ins”. Whether you want to admit it or not, when the pressure is on, those 2 footers can start to look a little longer than they do on the practice green.

Find a flat spot on the practice green and stick a tee 2-3 away from the cup. Line up that short straight putt and knock it in. Then do it 99 more times. During this drill make sure you’re focusing on form and alignment. Not only is this a great drill to work on technique, but seeing the 100 putts drop in a row will give you the confidence to make more putts during your round.



SNOWMAN DRILL

NOTES:

